

Antenatal Glucose Load Test



Patient Information – Core Biochemistry

This a **non-fasting** test for gestational diabetes. You may eat and drink normally before the test.

This test takes 1 hour and during this time you must rest. You may like to bring a book to read.

You will not be able to eat, vape or smoke during the test, but you can drink water.

On the day of the test

1. You will be given a glucose drink. You must drink all of this, within about 5 minutes.
2. You will then need to rest for an hour.
3. After 1 hour we will take a blood sample from you.

If you feel sick or dizzy during your test, please let us know.

If you are sick, we will not be able to take your blood sample as it will affect the results of the test. We will ask you to rebook to try again.

For a full list of our collection centres and their opening hours please visit: **www.chl.co.nz** or contact us on 0800 THE LAB (0800 843522) ext. 80075