

Antenatal Glucose Load Test



Canterbury Health
Laboratories
www.chl.co.nz | 0800THELAB

Patient Information – Core Biochemistry

This a **non-fasting** test for gestational diabetes. You may eat and drink normally before the test.

This test takes 1 hour and during this time you must rest. You may like to bring a book to read.

You will not be able to eat or smoke during the test, but you may drink water.

On the day of the test

1. You will be given a glucose drink. You must drink all of this, within approximately 5 minutes.
2. You will be required to rest for an hour.
3. After 1 hour a blood sample will be taken from you.

If you feel nauseous or dizzy during your test, please let us know.

For a full list of our collection centres and their opening hours please visit: www.bloodtest.co.nz or contact us on 0800 THE LAB (843522) ext. 86647.