

Please fax referral form to (03) 3641 241

No antihistamines 72 hours prior to appointment				Dr Stamp/Address	Signature & Date
Name:		NHI:			
Address & ph:		DOB:	M F		
				Copy to:	

Is the patient on any antihistamine or tricyclic antidepressant? Yes No

Indications for Testing :

Acute food reaction
(anaphylaxis, urticaria, and/or angioedema within
30-60 minutes of exposure)

☐

Allergic rhinitis/conjunctivitis (hay fever)

☐

Asthma

☐

Atopic dermatitis (eczema)

☐

Other: (Please include details and see general information.)
(Tests may be declined if inadequate information is given)

Aero allergens

Grass Pollen Mix <input type="checkbox"/>	House Dust Mite Mix <input type="checkbox"/>
Weed Pollen Mix <input type="checkbox"/>	Mould Mix <input type="checkbox"/>
Silver Birch Pollen <input type="checkbox"/>	Aspergillus fumigatus <input type="checkbox"/>
Wattle Pollen <input type="checkbox"/>	Cat Hair <input type="checkbox"/>
Olive Pollen <input type="checkbox"/>	Dog Epithelia <input type="checkbox"/>
Hazel Pollen <input type="checkbox"/>	Horse Epithelia <input type="checkbox"/>
Latex <input type="checkbox"/>	

Food allergens

Peanut <input type="checkbox"/>	Wheat <input type="checkbox"/>
Cashew <input type="checkbox"/>	Sesame seed <input type="checkbox"/>
Hazelnut <input type="checkbox"/>	Fish Mix * <input type="checkbox"/>
Egg White <input type="checkbox"/>	Shellfish Mix † <input type="checkbox"/>
Egg Yolk <input type="checkbox"/>	* Fish Mix (Cod, Flounder, Halibut, Mackerel, Tuna)
Cow's milk <input type="checkbox"/>	† Shellfish Mix (Clam, Crab, Oyster, Scallop, Shrimp)
Soybean <input type="checkbox"/>	

Fruit/vegetable testing is available if **FRESH** items are supplied by the patient at the time of testing. (a maximum of 6 items can be tested.)

Please tick ☒ box and provide details: ☐

General information:

- Skin prick testing is a sensitive and specific method for detecting IgE antibodies to particular antigens. Patients with a history of IgE-mediated symptoms on exposure to a specific allergen who have a positive test for that substance are considered allergic.
- Skin prick testing is not useful in diagnosing the causes of reactions that are not likely to be IgE-mediated. These include: nonspecific rashes, chronic urticaria, food intolerances (e.g. bloating, diarrhoea, fatigue), headaches and behavioural disorders.
- Testing is not available for food additives, most drugs and respiratory irritants.
- Wheals ≥ 3 mm in mean diameter are considered positive. This cut-off is selected on the basis of technical rather than clinical sensitivity.
- All positive results should be considered in the clinical context. Patients with positive results to particular allergens but no symptoms on exposure should be considered sensitised rather than allergic.
- The larger the wheal, the greater the likelihood that a particular allergen will cause symptoms. There is no correlation with symptom severity.
- A negative skin test virtually excludes that allergen as a causative factor.

